# schritt:weise



The early encouragement program for families with preschool-aged children



### schritt:weise for children and their parents!

- Children learn through active playing
- Children sharpen their senses
- Children expand their vocabulary
- Children discover new materials
- Children are encouraged
- Children and parents enjoy playing together

## What does schritt:weise offer to your child?

#### Education

The playing and learning program **schritt:weise** actively supports families in the education of their children.

#### Support

As parents, you learn to support the development of your child in a playful way.

#### Jump start

You enable your child a healthy development and later a good start into kindergarden and school.

#### Program duration

The playing and learning program **schritt:weise** lasts for 18 months.





## Taking part in the schritt:weise program

#### **Participation**

**schritt:weise** is aimed at parents of preschool-age children. The program consists of home visits and group meetings.

Children can start at the age of 2–3 years.

#### **Home visits**

Parents and children are visited at home or at a suitable location by a trained home visitor weekly, then every second week

#### Learning by playing

The home visitor brings a new game idea, a picturebook, or a game that can be played together with children and parents.

#### **Group meetings**

Every second week, you will meet other parents with whom you can share your experiences and learn a lot about parenting and get to know offers for families.

#### Duration

The programme lasts 18 months. During school holiday no home visits or group meetings will take place.

#### Language

The programme is offered in several languages.

#### Costs

The participation costs for the family is monthly CHF 10.–.



### Contact

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#### Coordinator schritt:weise

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Registration via registration card, QR code, telephone or e-mail.

**schritt:weise** is an early encouragement program for families with preschool-aged children.

effe implements the schritt:weise program on behalf of the City of Biel and the Canton of Bern.







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